



Volume 13 Issue 2



RETIREE NEWSLETTER



MAY-AUG 2008

DEPARTMENT OF DEFENSE, VETERANS AND EMERGENCY MANAGEMENT
PUBLISHED BY THE MEARNG RETIREE COUNCIL

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<http://www.me.ngb.army.mil/retiree/retiree.htm>

We are continuing to update our mailing list to include all MEARNG retirees. If you know any retiree(s) who are not receiving the newsletter, please send their name and address to a member of the Retiree Council or e-mail us.

Please advise us of mailing address changes. If you do not wish to continue receiving the newsletter, contact a council member.

Continuation of Newsletter The Retiree Council has decided to continue the Retiree Newsletter to spouses of deceased retirees when the spouse requests it. Many items in the newsletter may prove valuable to the surviving spouse.

New Members: Membership is open to retirees of all ranks and gender from all parts of Maine. If you or a retiree you know are interested, please contact a Council member. Retired NCOs should consider getting involved to have their concerns surfaced and to demonstrate they are still an active member in military affairs.

COMMENTARY This is the thirty- seventh Retiree Newsletter, normally published in Apr, Aug and Dec. Our purpose is to keep you informed and provides you a continuing sense of belonging to the Guard after retirement. We hope the newsletter helps accomplish that purpose.

Information is furnished through various sources, and is only made available in this newsletter for your information. Information and comments contained in this newsletter is intended solely for the personal interest of the recipient and should not be considered as an endorsement. If you have an item you would like considered for publication, please send it to the MEARNG Retiree Council, Camp Keyes, Augusta, ME 04333

NOTE:

This newsletter and all previous issues of the newsletters can be found on the following web site: this is a new change for retiree page

****RETIREMENT BENEFITS AND**** ****SERVICES****

shop on line at military exchanges: LOG ON AT:

aafes.com or usmc-mccs.org or navy-nex.com or cg-exchange.com

Operation Recognition is looking for volunteers!

Operation Recognition (OR) is looking for volunteers who can help raise money to support this program. The short term goal is to raise \$60,000 which will cover the cost of 40 military families (one week each), to stay at Roger Bintliff's Resort and eat at his restaurant, summer 2008. The long term goal for the OR committee is to be self sufficient, build it's own lodge/cabin for OR families, and not expect Mr. Bintliff to continue to fund it.

All the funds raised this year will go to cover the cost of lodging and meals at the resort in Edgecomb. The cost have been averaging about \$1,500 per week. There is no paid staff working for the OR committee.

Want to help? Give Major Stephen Hatt a call at his work number (207) 626-4282. Major Hatt is the Executive Director for the Maine Committee for Employer Support of the Guard and Reserve.

Go on line at www.operationrecognition.com and read about the OR program. From what I have heard and read the families that have been served in the first go around have been elated.

Just think about this! There are over 1400 of us MeARNG retirees. If we ever wanted to give something back at \$50.00 times 1400= \$70,000.

Gifts are tax deductible.

Make checks payable to Operation Recognition and mail to : Operation Recognition 318 Eddy road, Edgecomb, Maine 04556

WORCESTER WREATH COMPANY

As you must all know by now that the Worcester Wreath Company has been donating thousands of wreaths each year to veterans cemeteries. Most notable Arlington Va. Please visit Mr. Worcester's web site at:

<http://www.wreaths-across-america.org/index.html>

You can help keep this most worthy operation going by sponsoring a wreath, buy a lapel pin and more. Donations received now will go towards the operation in 2008.

UPDATE ON THE Fallen Soldier Battlefield Cross Memorial

As of 18 August 2008 The Augusta Emblem Club in conjunction with the Maine National Guard have raised close to \$9000.00 of the \$10,000.00 needed to purchase two memorials. The first memorial has been purchased and will be dedicated at the State House on 11 September, 2008. Dog Tags of the fallen Maine Guardsman will hang from the memorial. It will then reside inside the main entrance to the TAG building at Camp Keyes. Great pencil portraits of the fallen will be close by. The second memorial will be placed at the State House with dog tags of all fallen Maine service personnel since 9/11.

Retirees this is a great cause!!!!

**PLEASE MAKE A DONATION
TODAY!** Use the form on page 12.

NO DONATION IS to small. All Donations are Tax deductible. Make checks payable to: Augusta Emblem Club #233.

Subject: Funeral-newsletter-update
(UNCLASSIFIED)

Classification: UNCLASSIFIED
Caveats: NONE

Volunteers welcome in helping to conduct
Military Funeral Honors

The POC is:
Mr. Frank R. Norwood, MSG (Ret)
Maine Military Funeral Honors Coordinator
1-800-958-5967
207-626-7822/7805
E-Mail: frank.norwood1@us.army.mil

Since October 2004, the Maine Military Funeral Honor Program has performed 3111 Military Funerals for the Veterans of Maine. According to the Maine Veteran's Administration, Maine will lose nearly 4000 Veterans (all branches) per year through the year 2010. Retirees are welcome to participate in providing Military Funeral Honors for Maine's Veterans. The rendering of Military Funeral Honors is a way to show our Nation's deep gratitude to those who, in times of war and peace, have faithfully defended our country. Funds are available to compensate certain categories of retirees and buglers. When requested, Retirees, in class A uniform will receive a per day stipend, (whether training or performing a Military Funeral. This stipend is intended to offset the cost of gasoline, meal and other authorized expenses. To

perform Military Funerals you will need to train with the current members of the team. This would be a 4 hour, hands on session. I will not put you on the spot. You will not be asked to present a flag to the next of kin until you are comfortable. If you have any questions please contact me at the above numbers or stop by my office here at the Augusta Armory.

Only person to receive a stipend are those requested to be party of the funeral party by Mr. Norwood and are qualified.

Mr. Frank R. Norwood
Maine Military Funeral Honors Coordinator
Office toll free: 1-800-958-5967
Office: 207-626-7822
DSN: 626-7822
Cell: 703-901-8531
FAX: 207-626-7804
Web site: www.funeralhonors.org

See page 19 for an application to be buried in a Maine veterans memorial cemetery. If you have not seen one of these cemeteries please make an effort and visit one. You will be impressed. There is no cost to the veteran. Make sure to keep the document you will get from the Bureau of Maine Veterans Services in a safe location AND your next of kin knows of your intention and the document location.

Pickings from the grape vine. or odds and ends.

The Maine National Guard will host the 2009 Retiree Activity Day (RAD) at the Augusta Armory on Saturday 29 August. The MeARNG Council will be looking for volunteers to work the event. More info will be coming in the future.

LTC Jim Laflin has agreed to assume chairmanship of the MeARNG retiree council during October 2008.

Need assistance from all MeARNG retirees. Please notify BG (RET) Al White if you become aware of the death of a MeARNG retiree. Need info for TAPS section this newsletter

****TRANSITIONS****

RETIREMENTS

SFC (RET) Mary S. O'Mara
CW4 (RET) Michael D. Pratt
MARK EMERY
CLIFF SMALL
CSM Gregory Small

(**Any names that are not on this list, was not done intentionally, please advise.)



TAPS

MSG DOUGLAS H. DOLLEY
LTC DIANA GRELL
COLONEL NATHAN C HEBBERD
CW4 SEAN M. LATHE
MSG JOHN G. MACDONALD
BG HALBERT STEVENS

It is suggested that the Headquarters at Camp Keyes, Augusta, Maine be made aware of a deceased retiree. Upon receiving notification, word will be disseminated to Staff and Units of the Maine Army National Guard. This will enable any active guard member who may have served with the retiree to pay their condolences. Person to call is the Directorate of Personnel at 207-626-4536



We will never forget

MISCELLANEOUS

WEB SITES YOU NEED TO HAVE

FOR INFO ON MEARNNG RETIREES TO INCLUDE NEWSLETTERS go TO:
www.me.ngb.army.mil/retire/retiree.htm

For National Guard Association of Maine "NGAME go to: <http://www.ngame.us/>

For Maine Army National Guard go to:
<http://www.me.ngb.army.mil/default.htm>

For Maine National Guard Family Assistance go to:
<http://www.me.ngb.army.mil/family/default.htm>

****UPCOMING EVENTS****

MeARNG Retiree Council Meeting Dates for 2008:

The Council meets on Tuesdays at 0900 in the TAG conference room, Camp Keyes, Augusta. Any retiree or non-retiree is welcome to attend.

<u>DATE</u>	<u>DAY</u>
February 12 2008	Tuesday
April 8 2008	Tuesday
June 10 2008	Tuesday
August 12 2008	Tuesday
October 14 2008	Tuesday
December 9 2008	Tuesday

*All meetings at 0900 hours – TAG conference room
Al White, Chairman*

Maine Army Retiree Council Meetings – Calendar Year 2008:

(Not to be confused with the MEARNNG Retiree Council. This council is for all branches of service in Maine).

The Maine Army Retiree Council conducts meetings, at various times, which imparts information of interest to all military retirees. Retirees of all military services, and their spouses, are invited and encouraged to attend. Scheduled meetings for 2007 are as follows:

- 04 Apr 08, 1930 hrs, Air National Guard Base, 514 Mainiac Ave., Bangor, Me 04401

- 06 Jun 08, 1930 hrs, Post #31 American Legion Post, Washington St., Auburn, Me 04210
- 07 Aug 08, 1930 hrs, Maine Veterans Home, Scarborough, Me 04074
- 10 Oct 87, 1930 hrs, Post #40, American Legion Post, W6nthrop, Me 04364

For additional information relative to these meetings, contact either of the following individuals:

- CSM Edward L. Davis, AUS (Ret) (207) 469-7918, PO Box 50, East Orland, Me 04431
- CSM Estol R. "Mac" McClintock, USA (Ret), (207) 683-6121, 59 Huff Corner road, Wellington, Me 04942-8709
- SFC Harold L. Ware, AUS (Ret) (207) 642-2757, 110 Fort hill Road, Standish, Me 04084

Maine Military Historical Society Board of Directors and annual meeting dates:

The Society is looking for additional board members. If you are interested contact the Society president Dwaine Drummond at 626-4220. Meeting dates are as follows 16 April, 18 June, and 17 September. Annual meeting of the Society is scheduled for 24 October 2008. Board meetings are held in the TAG conference room Camp Keyes at 1800 hours

****FOR YOUR INFORMATION****

152d FA HISTORICAL REGIMENT

CSM (R) G. Neal Genz wants to keep the 152d Arty Bn flame burning by starting a historical regiment. He has asked that any Arty (REDLEGS) interested contact him at neal.genz@gmail.com Neal lives at HCR 71 1240 North Shore Drive , Stockholm, Me

IRAQ & AFGHANISTAN VETERANS OF AMERICA LEGISLATIVE AGENDA:

GO TO:<http://www.iava.org/legislativeagenda>

Veterans from above may want to support this.

HELP, HELP, HELP!!!!!!!

PLEASE REVIEW YOUR E-MAIL ADDRESS AS LISTED IN THIS NEWSLETTER. IF NOT CORRECT SEND ME THE CORRECT ONE! IF YOURS IS NOT LISTED AND YOU WANT TO BE SEND IT TO ME.

albertwhite@suscom-maine.net or

Al White 529 Fosters Point Road, West Bath, Maine 04530

ALSO IF YOUR MAIL ADDRESS IS CHANGING SEND THE NEW INFO TO ME TOO.

MAINE MILITARY HISTORICAL SOCIETY IS PLANNING A GUIDED BUS TRIP TOUR OF THE GETTYSBURG BATTLEFIELD IN OCTOBER, 2008. MORE INFO SOON!

FAMILY ASSISTANCE CENTER VOLUNTEER FACT SHEET. SEE PAGE 10 also SEE PAGE 11 DEPLOYMENT 144 OF OUR OWN!

Please if you have time and skills listed, and we all do GET ON THE LIST TO LEND A HAND IF NEEDED.



retiree E-Mail Addresses**

Listed below are e-mail addresses of some of our retirees. This is a way of keeping in touch, providing upcoming events and news of interest between regular issues of the newsletters. If you would like to have your e-mail address included in this list, contact al white at albertwhite@suscom-maine.net

If you change your e-mail address you will need to provide me with the change. An incorrect e-mail address can affect my distribution group for sending out e-mails. One bad address can affect the entire group. This is also a way of keeping you informed of deaths, legislative issues, family support, etc.

Adams, Earl, MG adamsearl@roadrunner.com

Adams Larry 1SG ladams73@maine.rr.com

Anderson Joseph F SFC janderson@pwless.net

Armstrong, Read, CW4 - readpamstrong@yahoo.com

Amoroso, Francis (Frank) J, COL - guardme1@verizon.net

Ash, George, SGT - gla1956@yahoo.com

Ashmore, John H MSG john.ashmore2@verizon.net

Atkins Ernest D. Jr, SGM - MILRETS@aol.com

Azzarello, Leonard S., SSG - thechip3@maine.rr.com

Barron, Mike, SSG - ma1fcs@hotmail.com

Barry, Bruce M., LTC - barrybm@msn.com

Barstow Richard O SSG- abnormalbarstow@yahoo.com

Beaudion, Ricahrs Maj - rbeaudoin@netscape.com

Beaule, Donald, SFC - dlbeaule@msn.com

Benedetto, Joe, 1SG - xexman44@netlink.net

Bennett, Eldon A., SFC - elben@pionercable.net

Bennet, Ronald SSG-ronald_ben@verizon.net

Benson, Donald, 1SG - dabenson@verizon.net

Bilodeau, Arlene V., SSG - meandblu@midmaine.com

Birmingham, Kerry, SGM - sgm.birmingham@verizon.net

Bishop, Wayne, MSG - carwaybis@aol.com

Blaine, Bill, blainewh@rcas.ngb.army.mil

Blair, David, COL - dhblair@watervillesd.com

Boudreau, Herman J., CSM - trooperhj@boudreau@yahoo.com

Christopher Bowers CW5 - bowersc@hermon.net

Braley, Gary, CW4 - gabraley@midmaine.com

Breton, Ronald R MSG bretonfam@fairpoint.net

Brown, Vic, 1SG - frostyJAB@msn.com

Burnett, Mark, MSG - mapo57@aol.com

Burgess, Mark SSG- n1jzv@midmaine.com

Burpee, Larry - sluf@xpressamerica.net

Burnie, Charles W 1SG cburnie@mainw.rr.com

Burr, Ken, CW3 - kensal@ghi.net

Butera Joseph L 111- jcb246@aol.com

Campbell Richard SFC - Richard.soup.Campbell@verizon.net

Cannon, John M. 1SG - shermanmaine@yahoo.com

Cleaves, Arthur, COL - Arthur.Cleaves@mc.ngb.army.mil

Clements, Erwin F., LTC - colclements@msn.com

Cloney, Philip G 1SG philcloney@msn.com

Coltart Richard J. LTC - Auracolt@webtv.net

Comeau, James, CW5 - jimwestport@roadrunner.com

Corr, Patrick, SFC - patrick_corr@msn.com

Cross, John R SFC - j_r_cross47@yahoo.com

Cotta, Harvey D., CW4 - hdcotta@pivot.net

Cotton, Robert G CW3 - bob-evie@peoplepc.com

Cowing Joe E 2LT jwcowing@hughes.net

Cox, Allyson SGM allysoncox@roadrunner.com

Cowperthwaite, Dwight, 1SG - dwight.cowperthwaite@maine.edu

Crochere, Norman W., SFC - ncpop1956@aol.com

Danforth, Willie, SSG - willd01@verizon.net

Deans, Leroy, 1SG - leroydeans@midmaine.com

Deschane, Henry, 1SG - hideshane@hotmail.com

Devine, Wayne, CW4 - wpdevine@verizon.net

Dion, Joe CW4 - jdion83518@adelphia.net

Donnelly, Carl, MSG - crafty@adelphia.net

Donovan, William R., CW3 - woodduckme@yahoo.com

Dow, Richard C., COL - redow@maine.rr.com

Dubord, Rosaire, SFC - gmpkup@cs.com

Dubord, Maurice, SFC - FordMan1945@aol.com

Duchring, David LTC duchring@ghi.net

Duffy, Dick, COL - mengcold1@adelphia.net

Dumas Francis Jr SSG dumasmb12@gmail.com

Dumond, David R., SGT - roadrunner.com

Dummond Gary CW4 - wardenpilot@fairpoint.net

Dyer, Rita, SSG - rita.dyer@verizon.net

Dyer, Wayne Sgt wdsearsport76@yahoo.com

Fate Michelle SGT michelle.fate@gmail.com

Ferris, William F. SFC BillMar1981@aol.com

Fecteau John D., SFC - jfecteau@att.net

Fields, Scott, COL - sfields@maine.rr.com

Footer, Joseph, CPT - joseph-footer@webtv.net

Foster, Lawrence F. Jr., MAJ - LFFJR4200@aol.com

Freeman, David, 1SG - dfreeman@maine.rr.com

Fuller, Vivian, SSG - Vivianmf@verizon.net

Furrow, David R. SSG - hollysprays4you@yahoo.com

Gammon, Edgar E., LTC genega@verizon.net

Gauthier, Robert D. - rdg453@aol.com

Genz, G. Neal CSM neal.genz@gmail.com

Gerard, Milton, CSM - miltgerard@usadatanet.net

Gilbert, Mark, COL - mgilbert362@earthlink.net

Gilbert, Richard, SFC snowbrd1@embargmail.com

Glidden David MSG- pgdg@verizon.net

Googins David B MSG - dabrujo@earthlink.net

Goodman Bill SGT - tigerstylefighter@yahoo.com

Gray, Boyd R., Jr., COL - whaler@prexar.com

Gray, Leslie, 1SG - bassgray@aol.com

Grass, Nathan, BG - ngrass@maine.rr.com

Gravelle, Raymond, SFC - -gravelle2ray@gmail.com

Graves Richard CSM dick.graves@verizon.net

Grimard, Ronald L., SFC - rgrimard@ghi.net

Grimm, Clayton SFC - grimmwc@ghi.net

Grinnell Donald Col - grinnell@fairpoint.net

Haley, Dan, COL - dan@haleyins.com

Hallee Eugene R MSG eclipse31@verizon.net

Hanson, Peter, MSG pvhan@roadrunner.com

Harmon Dennis SSG - dpharm2@gmail.com

Harris, Robert Jr. - Col.harrishaven19@roadrunner.com

Haskell, Michael A SSG mhaskell@nls.net

Hawkes, Paul phawkes3.5@hotmail.com

Higgins, Robert F., SGM - sgtbob@midmaine.com

Horsman, Susan MAJ - horsmansb@adelphia.net

Howland, Peter, SFC - howlands3@verizon.net

Hughes Michael 1ST SGT micharl.hughes1@us.army.mil

Hutchins, LeeAnne, SSG - allofus@lincoln-midcoast.com

Jacques, Andre SGT - cote2001@highstream.net

Jandreau, Lincoln, SSG - fkbarbershop@hotmail.com

Jodrey, Francis SFC bjodrey@yahoo.com

Johnson, Peter COL - shussking@yahoo.com

Kinney, Sumner, SFC - icanrent@kinneyrentals.com

Knight, Richmond, LTC - captmnight@aol.com

Knowles, Terry, CSM - mawtrk@midmaine.com

Lachance, Geoff, CW2 - qllach@suscom-maine.net

Laflin, Donald, COL - dbll1@yahoo.com

Laflin, James, LTC - jlaflin@adelphia.net

Lagace Donald Sr, CW4 - donairspa@msn.com

Lajoie, Gary, SSG - gelcarpenter@aol.com

LaPlante, Norm, SFC - norm1@exploremaine.com

Leonard John CSGM, ayahyall.leonard@cox.net

Lord, Roy SGM roylord@hotmail.com

Lundquist Arnold Col - Alundq@roadrunner.com

Lunney, Dennis, COL - dslunney@embarqmail.com

Luke, Joe, SFC - joeme27@aol.com

McFarland, William LTC - billmcfarland@fairpoint.net

Macleod, Stanley SFC - stanmacleod@hotmail.com

Mairs, Steven, CSM - spmairs@msn.com

Matuieu Rolans SGT roland.mathieu@yahoo.com

Madore, Greg MSG - gmadore@maine.rr.com

Marden, Donald H., BG dhmarden@adelphia.net

Merrifield, Justine SFC bluejay1962@fairpoint.net

McCray Michael SSG mtkids@roadrunner.com

Michaud, Joel, LTC - michaudj@adelphia.net

Moody, Wendy CW4 wendy.moody@us.army.mil

Mullett, Alan, CW4 - allinmulet@gwi.net

MULLETT Raymond 1SG mqmrjml@verizon.net

Joseph L Murray Jr., SSG - jsmurray@midmaine.com

Nault, Raymond C. MSG - msgret@earthlink.net

Nichols, Donald E., BG - den7807@adelphia.net

Nichols, Robert, 1SG - isg152top@aol.com

Noel, Lorraine - memerelain@aol.com

Norton John L. Jr. SFC - john.l.norton@verizon.net

Frank Norwood MSG Frank.norwood@us.army.mil

Oak, Earl, 1SG - eandb379@netzero.net

Ogden, Adam MAJ - aoogden@gwi.net

Ogden, Peter W., COL - Peter.Ogden@me.ngb.army.mil

O'Clair Roger CPT - Rrotrax2@aol.com

O'Hara L. Michael SPC onnac@ainop.com

Ostott Ellen SGT Shadluck25@aol.com

Owen, Gary, SFC - gsowen@dialmaine.com

Paiment, Dick SSG - paimentp@aol.com

Parker, Leverette J., SSG - CAMERLOT@webtv.net

Pellett, Harry CW4 freeman@midmaine.com

Pelletier, Arnold MSG - maineiac@earthlink.net

Pelletier, Donald, 1SG - hernelle@sjv.net

Pelletier, Gilman R., LTC - gmp@gwi.net

Pelletier, Jerry CW3 - Jerry.pellet@aol.com

Perkins, Allen, 1SG - alsan19420@hotmail.com

Perry, William Col - 2perry@verizon.net

Picard Glen SSG - glenpi@verizon.net

Pike, Arthur, CW4 - cntypike@roadrunner.com

Pippin, Franklin 1 SSG dfpippin@verizon.net

Pottle, Leonard F Maj lpottle@verizon.net

Preble, David, SGT - Preble@adelphia.net

Race, Byron A., LTC - majmoose@yahoo.com

Raymond, Ed, SFC - Raymondeddy1@aol.com

Ricker, Arnold, MSG - jricker@usadatanet.net

Rivers Wayne LTC Wayne.Rivers@sappi.com

Rogers, Peter Maj Pjrogers1@hotmail.com

Roy, Donald SFC droy24@roadrunner.com

Roy, Frank, SFC - fdroy@line-net.net

Roy, Irvin, CW4 - iandmroy@mail.sjv.net

Roy Louis SFC - dianna.roy2@verizon.net

Scammon, J.R., CW4 - rays01@midmaine.com

Scribner, Carroll G., LTC - scrib3540@comcast.net

Smith, Karl maj jcaniff@mac.com

Smith Craig SSG welder@maineline.net

Soares, Frank, LTC - crossbowme@pivot.net

Soucy, Gerald, SFC - geraldsoucy@roadrunner.com

Soule, Dean, SFC - deanovet@tampabay.rr.com

Soule, Richard, MSG - dickcarso32@yahoo.com

Sowers, Dave, MAJ - Dave.Sowers@sad1.org

Stanchfield, Wilma, SFC - wstanch@localnet.com

Stanhope Edward CW4 STANHOPERT@aol.com

Stearns, Donald CW4 stearnsdd@earthlink.net

Stickney, Harry J., CSM - hjstickney@yahoo.com

Stilphen, Wayne SFC - Wayne.Stilphen@maine.gov

Sullivan, Dorothy A. 1SG das_llion@hotmail.com

Stultz, Mick 1SG mickstultz@roadrunner.com

St. Peter, Timothy A., SPC - tspasp@ainop.com

Tamburo, Al, SSG - gatamburo20@midmaine.com

Taylor, Paul N., SFC - pollentaylor@yahoo.com

Taylor, Scott, LTC - Taylorcst@aol.com

Tenney, Brian, SSG - seascamon@hotmail.com

Therault Reynold LTC cecray@pivot.net

Thibodeau, R. Lloyd, SFC - tibodo2@maine.rr.com

Tibbets, David, SFC - davescot@midmaine.com

Tibbs, Dan, SFC - dctibbs1@yahoo.com

Tinkham, Joe, MG - tinksrus@adelphia.net

Toppan, Wellington, Co; wctoppan@roadrunner.com

Trimm Fred SFC - trimm48@hughes.net

Umphrey, Fred Col fumphery@msad48.org

Vaillancourt, Brenda, SSG - brenda2877@msn.com

Wardwell, Joel, SFC -

JDWardwell@laneconstruct.com

Wheeler, Pauk Maj - pandr43@verizon.net

Welsh, Michael MSG - runner793@aol.com

Welton, Bob, CW5 bobwelton@embarqmail.com

West, Dan, SFC - dan@mainebroker.org

West, Richard, MAJ - major063@aol.com

Weymouth, Robert LTC gramsgarden@cfl.rr.com

Wilcox, Wendy SFC w40m73@yahoo.com

Wilson, Donald SGM dwilson6@roadrunner.com

White, Albert, BG - albertwhite@suscom-maine.net

Wickham, Arthur, COL - arthurwickham1@aol.com

Williams, Clyde, CW4 - cw4clyde@roadrunner.com

Wynne, Kelley D., MSG - wynnek@dwi.net

Young Jeffery D. SGT jyoungamg@yahoo.com

Correct Mailing Address

HELP!!!!

It is imperative that we have your correct mailing address in order for you to receive your newsletter.

Please provide your correct mailing address by contacting a member of the Retiree Council or mailing it to:

Dept. of Def., Vet. & Emerg. Mgmt.
33 State House Station
ATTN: MS. Lori Jones
Augusta, Maine 04333-0033

We are now up to 1,454 members str

****RETIREE COUNCIL MEMBERS****

Albert White, Jr.	Chairman
Robert Weymouth	Vice Chairman
James Laflin	Secretary
	Chairman Retiree List
Martin Asdourian , Romain Savoie	
David Blair , David Shorey	
Jeanne Clements, Dean Soule, Donald Laflin	
Edward Davis Douglas Welsh Jr	
Estol (Mac) McClintock Nathan Grass,	
Clifton Johnson,	

Retirees, this is YOUR museum .The Board of Directors hope that you will join today or make a donation to keep this valuable piece of military history going!

The Society is looking for volunteers who live in close proximity of the museum at Camp Keyes to give tours, to house clean, to catalogue new items to act as security when large groups are visiting etc.Training will be provided by Ron Rousell, or other qualified MMHS members. If you are interested call Ron at (207) 582-7568.

SOCIETY LOOKING FOR IDEAS FOR MUSEUM TO SHOW OUR INVOLVEMENT IN IRAQ AND AFGHANISTAN.

What would be good display items? Need ideas from veterans of those areas. Contact CW5 (RET) Ron Roussell at (207) 582-7568 or e-mail at : ronrous@msn.com
We are in need of pictures, artifacts etc.
What is the most representative of each country that we can show/ exhibit?

MAINE MILITARY HISTORICAL SOCIETY LOOKS FOR NEW MEMBERS.

SEE THE MEMBERSHIP APPLICATION ON PAGE 15
THE SOCIETY RUNS THE ONLY PURE MILITARY MUSEUM IN MAINE. IT IS LOCATED AT CAMP KEYES. IT 'S ENTRANCE IS JUST OUTSIDE THE MAIN GATE AT CAMP KEYES.

The society is a non-profit organization under Section 501 (C) (3) of the Internal revenue Code of 1954, as amended It is financed through membership dues, grants and tax deductible donations. Any donation big or small will be appreciated and will be put to good use!

There is no cost to tour the museum, a donation jar is available for those who wish to donate. For a tour contact CW5 (RET) Ronald Roussell at (207) 582-7568 or MS Soraya Thomas at 626-4350.

The society honors a segment of the military at the annual meeting each year normally held in October. During 2007 the Society honored Military Medical Personnel (Past and Present).

Family Assistance Center Volunteer Fact Sheet

Address:
State Family Assistance Center
State Armory
179 Western Avenue
Augusta, Maine 04330-0033

Wanted: Volunteers to assist families of deployed soldiers. All of us have interests/skills we are good at and want to share with others. If you want to help our soldier's families please take a minute and complete this form. With winter fast approaching the FAC would appreciate your offer to support our families in need.

Volunteer Information:

The Family Assistance Center Closest To You

Name: _____

____Augusta

Address: _____

____Portland

____Bangor

Phone: Home: _____

____Caribou

Work: _____

Cell: _____

____Statewide

Organization If Applicable: _____

Skills/Interests to share:

____Clerical
____Notary Public
____Yard Work
____Electrician
____Plumber
____Gen Home Maint/Repair
____Carpentry
____Wood Splitting
____Auto Maintenance
____Heating/Furnace Issues
____Run Errands
____Provide Transportation
____Make Phone Calls

____Babysitting/Childcare
____Provide Refreshments
____Make Phone Calls
____Nurse/Med Tng
____Plowing/Shoveling Snow
____Lawyer or Legal help
____Tax Help
____Computer Skills
____Support Events/Activities
____Financial Planning
____Crisis Comfort
____Mentorship
____Whatever Is Needed

Your Skills Not Listed:

Please Fax to 626-4512 ATTN: Kerry Birmingham



**DEPARTMENT OF DEFENSE, VETERANS AND EMERGENCY MANAGEMENT
FOR THE WEEK OF AUGUST 18, 2008 – AUGUST 24, 2008**

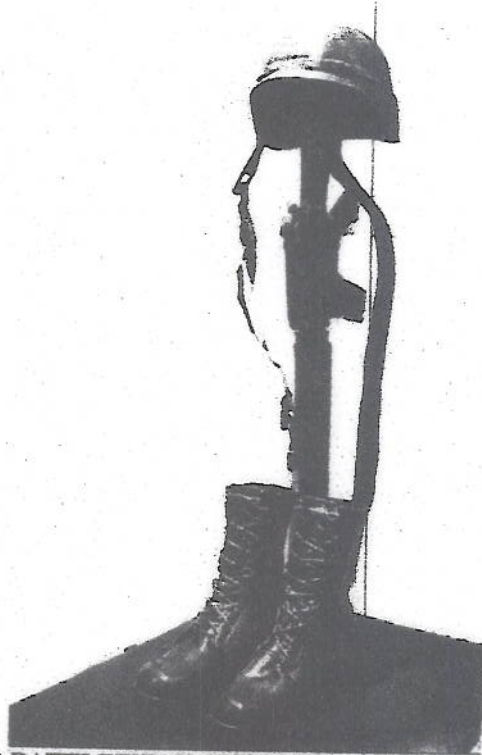
MILITARY BUREAU

The following charts depict Maine Army and Air National Guard units and personnel currently alerted, mobilized and deployed as well as the operation or mission they are supporting.

MAINE ARMY NATIONAL GUARD INDIVIDUAL DEPLOYMENTS				
Unit	Mission	Personnel	Location	Status
Detachment 3, Medical Detachment	Community-Based Health-Care Organization (CBHCO)	2	Hanscom Air Force Base, Massachusetts	Deployed
Detachment 3, Medical Detachment	Operation Iraqi Freedom	1	Fort Sill, Oklahoma	Deployed
Joint Force Headquarters	Operation Warrior Trainer	1	Fort Dix, New Jersey	Deployed
133rd Engineer Battalion	Operation Iraqi Freedom	1	Camp Shelby, Mississippi	Deployed
133rd Engineer Battalion	Operation Warrior Trainer	5	Fort Dix, New Jersey	Deployed
152d Maintenance Company	Operation Warrior Trainer	2	Fort Dix, New Jersey	Deployed
Security Force II	Operation Warrior Trainer	3	Fort Dix, New Jersey	Deployed
Company B (-) 3/172 Infantry (Mtn)	Operation Warrior Trainer	1	Fort Dix, New Jersey	Deployed
Total:		16		

MAINE ARMY NATIONAL GUARD UNIT DEPLOYMENTS				
Unit	Mission	Personnel	Location	Status
Co C, 126th Aviation Regiment	Operation Iraqi Freedom	127	Tallil, Iraq	Deployed
Embedded Training Team	Operation Enduring Freedom	16	Afghanistan	Deployed
Joint Force Headquarters FWD 39	Operation Enduring Freedom	1	Afghanistan	Deployed
Total:		144		

MAINE AIR NATIONAL GUARD DEPLOYMENTS				
Unit	Mission	Personnel	Location	Status
Joint Force Headquarters	Honor Guard	1	Bangor International Airport, Maine	Activated – Home Station
Joint Force Headquarters	Air Expeditionary Force / Operation Iraqi Freedom	1	Iraq	Deployed
101st Air Refueling Wing, Bangor	Air Expeditionary Force / Operation Iraqi Freedom	6	Iraq	Deployed
101st Air Refueling Wing, Bangor	Air Expeditionary Force / Operation Enduring Freedom	1	Al Dhafra Air Base, United Arab Emirates	Deployed
101st Air Refueling Wing, Bangor	Other/Air Reserve Component Volunteer	1	Shaw Air Force Base, South Carolina	Deployed
101 st Air Refueling Wing, Bangor	Other/Air Reserve Component Volunteer	1	Fort McCoy, Wisconsin	Deployed
101 st Air Refueling Wing, Bangor	Other/Air Reserve Component Volunteer	1	Charleston, South Carolina	Deployed
101st Air Refueling Wing, Bangor	Air Expeditionary Force / Operation Enduring Freedom	29	As Sayliyah, Qatar	Deployed
101st Air Refueling Wing, Bangor	Operation Iraqi Freedom and Operation Enduring Freedom	186	Bangor International Airport, Maine	Activated – Home Station
243 rd Engineering and Installation Squadron, South Portland	Other/Air Reserve Component Volunteer	4	Aviano Air Base, Italy	Deployed
265 th Combat Communications Squadron, South Portland	Operation Iraqi Freedom and Operation Enduring Freedom	1	Iraq	Deployed
Total:		232		



FALLEN SOLDIER BATTLEFIELD CROSS MEMORIAL

Augusta Emblem Club is raising money for A Battlefield Cross Memorial to be placed at the Public Entrance to the Maine National Guard Headquarters at Camp Keyes. To date Maine has lost 8 soldiers in the Global War on Terrorism. It is the intent to recognize those brave Maine Soldiers for their Sacrifices with this memorial.

PLEASE Help us to raise the money by sending a donation to the:

AUGUSTA EMBLEM CLUB #233
P.O. BOX 206
AUGUSTA, ME 04332-0206

Enclosed is my donation

\$10

\$25

\$50

\$100

Other

Name (Optional):

The Emblem Club is a 501(c) Organization which is a tax exempt organization.

FOR THE ASSISTANT ADJUTANT GENERAL-ARMY

BG Brent Boyles is pleased to announce the selection of LTC Normand Michaud as the next commander of the 133d Engineer Battalion headquartered in Gardiner, Maine. LTC Michaud has served the MEARNG with excellence in positions within the Battalion, most recently as the Battalions Operations officer during the OIF 2 deployment to Mosul, Iraq. He is currently serving as the Operations Officer for the 120th Regional Support Group.

LTC Drummond assumed command of the 133d in June 2007 and has done an outstanding job reorganizing and improving its readiness. A follow on assignment for him will be announced at a later date.

The 133d Engineer Battalion mission:

- a. Federal: The 133d Engineer Battalion increases the combat effectiveness of the support brigades at division and corps level by performing mobility, counter-mobility, survivability, and general engineering tasks.
- b. State (Contingency): Provide C2 of assigned or attached units for limited contingency/emergency operations ISO Homeland Defense.
- c. State (Peace): Provide C2 of assigned or attached units prior to mobilization, assist in meeting training, readiness, and deployment requirements.

Please congratulate these two outstanding officers who have spent the bulk of their careers serving the soldiers and families of the 133d Engineer Battalion.

A Summer 2009 Change of Command ceremony will be announced.

Support the Fight!



ANNOUNCEMENT OF THE ANNUAL MEETING

October 24th, 2008

Announcement: The Board of Directors has planned an outstanding Annual Meeting for Friday, October 24th, 2008 at the Senator Inn and Restaurant on Western Ave., in Augusta, Maine.

Theme: To honor Family Support Personnel and Programs from the Civil War to present.

Agenda: 6:00 – 7:00 p.m. SOCIAL HOUR with great Hors D'oeuvre with live music.

- 7:00 p.m. SEATING OF GUESTS
- 7:05 p.m. POSTING OF COLORS (Joint Maine Select Honor Guard)
- 7:30 p.m. DELICIOUS BUFFET (Senator Inn Cuisine)
- 8:35 p.m. GUEST SPEAKERS
- 9:35 p.m. SHORT BUSINESS MEETING

Dress: Casual Civilian Attire

Cost: \$30 per person will get you a terrific buffet (Tax and tip included) and a wonderful evening of entertainment and socializing. Plus you'll be helping our quest in preserving Maine's rich Military Heritage. We will not mail tickets. Tickets, however, will be reserved/held for you at the door based on a continuing "Roster of Paid Admissions".

Annual Report: Your help is needed to help defray cost of printing the Annual Report. \$10 will get the Donor's name published in the Annual Report as a patron.

Reservations: Please fill out and return a registration form and check to: *Treasurer, Maine Military Historical Society, Camp Keyes, Augusta, ME 04333-0033*

Important Note: Seating at the Senator is limited to 150 so send in as soon as possible.

For More Information, a Registration Form and Directions: Please call MS Soraya Thomas at (207) 626-4350.

RETIREE NEWSLETTER

2008 ANNUAL MEETING REGISTRATION

TO: Maine Military Historical Society
ATTN: Treasurer
Camp Keyes, Augusta, ME 04333-0033

NAME: _____
(Please print or letter clearly) (Please do not write cursive)

☐ Mr. ☐ Mrs. ☐ Miss ☐ MS ☐ Military Rank: _____ ☐ Other _____

NUMBER OF PEOPLE ATTENDING _____ X \$30 per person

☐ I/WE CANNOT ATTEND BUT WANT TO HELLP THE SOCIETY, PLEASE FIND MY/OUR CHECK ENCLOSED IN THE AMOUNT OF \$ _____.

☐ I/WE WOULD LIKE TO BE LISTED AS AN ANNUAL REPORT "PATRON(S)".
HERE IS MY CHECK FOR A MINIMUM OF \$10 IF ATTENDING THE MEETING.
AMOUNTS MAY BE COMBINED ON ONE CHECK.
How would you like to be listed in the Annual Report:
e.g COL and Mrs. Robert Jones or SGM Bob Jones

Please list me/us as: _____

APPLICATION FOR SOCIETY MEMBERSHIP:

☐ NEW MEMBER or ☐ RENEWAL

<input type="checkbox"/> Individual.....\$10	<input type="checkbox"/> Family.....\$15
<input type="checkbox"/> Senior.....\$ 8	<input type="checkbox"/> Lifetime.....\$200
<input type="checkbox"/> Student.....\$ 8	<input type="checkbox"/> Charter Lifetime.....\$500

NAME: _____
(Please print or letter clearly) (Please do not write cursive)

STREET: _____

STATE: _____ ZIP + 4 _____ E-Mail: _____
(Email address is optional and will be used to keep you informed on Society Business only.)

TITLE WHICH YOU PREFER TO USE:

☐ Mr. ☐ Mrs. ☐ Miss ☐ MS MILITARY RANK: _____

☐ Other e.g. (Dr.) (Rev.) _____

Mail to: Treasurer, Maine Military Historical Society, Cp Keyes, Augusta, ME 04333-0033

RETIREE NEWSLETTER



Greetings to all,



Pre-retirement information briefs for all service members within 18 months to two years prior to age 60 and those eligible for their 20 year letter regardless of component (Army, Air, Navy and Marine), and current retirees are invited to attend. The presentations primarily target the traditional M-Day Reservist however all are welcome. **Spouses are highly encouraged to attend with their service member.**

Briefings will be held from 7-9 PM on the following dates and locations. Presenters will be available to answer individual questions following the briefings and from 8-12 AM the following day.

Caribou	September 16th at the Caribou Armory
Bangor	October 9th at the AFRC, Bangor
Augusta	November 6th at the Augusta Armory
So Portland	November 18th at the South Portland Air National Guard Station

Tom Breault, US Family Health Plan Field Representative will discuss the USFHP, Martin's Point health care benefits available to retiring service members at age 60 and TRICARE for Life at age 65. Deb O'Brien will be representing Health Net Tricare options.

Wendy Moody, Transition Assistance Advisor/State Benefits Advisor will speak on the retirement options, Survivor Benefit Plan (SBP), retirement benefits, ID cards, the Dos and Don'ts of retired and annuity pay and veteran's benefits.

ID card services will be available.

RETIREE NEWSLETTER

Please share the word with other service members and retirees. Make sure you understand and receive the retirement benefits you have earned.

To help ensure adequate space and materials are available for everyone attending, please RSVP NLT 10 days prior to each event by contacting Wendy Moody at wendy.moody@us.army.mil or by phone at (207) 626-4221.



Remove Ticks Properly

- Grasp the tick close to the skin with tweezers
- Pull gently until the tick lets go
- Other methods such as vaseline, alcohol, and nail polish remover are **not** effective!
- Consult a physician if you remove an engorged deer tick



Remove ticks promptly! Ticks usually need to attach for 36 hours to transmit Lyme disease. Ticks attach at body folds, behind the ears, and in the hair.



To protect pets, use repellents, acaricides, and for dogs, a Lyme disease vaccine.

Produced by the Maine Medical Center Research Institute and the Maine Center for Disease Control and Prevention, Department of Health and Human Services

March 2008

KNOW YOUR TICKS!!!

Adult Deer Ticks

(Enlarged image)

Adult Dog Ticks

(Enlarged image)



Male



Female



Male



Female

The **Deer Tick** transmits Lyme disease in New England. Nymphal ticks, active from about May through July, are mostly responsible for human cases of Lyme disease. Adult ticks also able to transmit infection, are active October - December and again April - June.

The Actual Size of Deer Ticks

Nymph
(1/32" - 1/16")

May - July

Adult
(1/8")

April - June
Oct - Dec

Engorged Female
(up to 1/2")



In Maine, dog ticks (actual size shown) **do not** transmit Lyme disease. They are found April - August in northern New England.

The Deer Tick in Maine

Although they can occur **statewide**, deer ticks are most abundant along the southern coast of Maine.

Lowest
numbers of
deer ticks



Moderate
numbers of
deer ticks



Highest
numbers of
deer ticks



For more information, check out these websites:

Maine Medical Center Research Institute Center for Vector-borne Disease
<http://www.mmcri.org/lyme/>

Maine Center For Disease Control and Prevention
<http://www.maine.gov/dhhs/boh/>

Federal Centers for Disease Control and Prevention
<http://www.cdc.gov/ncidod/dvbid/lyme/index.htm>

Precautions to avoid tick bites:

Wear light-colored clothing and tuck pants/legs into socks.

Use a DEET - based repellent on skin and clothing or a permethrin - based repellent for clothes only. Follow directions when applying DEET to the skin.

Inspect yourself closely when you get in from outdoors and again in a few hours.

Shower and wash clothes soon after coming indoors. Heat drying will kill ticks on clothing.

Symptoms of Lyme Disease:

In most cases, people see an expanding red rash more than 2 inches across at the site of the tick bite, which may occur within a few days or a few weeks later.



Other symptoms include:

- fatigue
- muscle and joint pain
- headache
- fever and chills
- facial paralysis

Deer ticks also transmit other diseases such as babesia and human granulocytic anaplasmosis (HGA)

People that remove an engorged deer tick should consult their physician as quickly as possible.

RETIREE NEWSLETTER



Defense, Veterans and Emergency Management
Bureau of Maine Veterans' Services
Maine Veterans' Memorial Cemetery System
163 Mt. Vernon Road, Augusta, ME 04330
Tel.: 207-287-3481 Fax: 207-287-3483



MAINE VETERANS' MEMORIAL CEMETERY ELIGIBILITY APPLICATION

Please complete the items listed below and mail to the above address so that eligibility may be determined.

- 1) Name of Veteran _____ 2) Tel.# _____
- 3) Address _____ 4) City _____ 5) State _____ 6) Zip _____
- 7) Date of Birth _____ 8) Service/Serial # _____
- 9) Social Security # _____ 10) County residing in _____
- 11) Please list names and relationships eligibility is requested for:
- Spouse _____ (must be married to the veteran to be eligible)
- Unmarried Dependent Child who became incapable of self-support before reaching 18 years of age due to a mental or physical disability _____
- 12) Please **select** from the following your preference for a burial location within the Maine Veterans' Memorial Cemetery System:
- ☐ Northern Maine (37 Lombard Road, Caribou)
 - ☐ Central Maine (163 Mt. Vernon Road, Augusta)
 - ☐ Southern Maine (Possible future cemetery system expansion to include a cemetery in southern Maine such as in Springvale)

Please submit with your application proof of military service as follows:

Active Duty – Please submit a certified copy of your DD214 or equivalent (If more than one period of service, please submit a copy of each DD214 you were issued).

National Guard/Reservists – Please submit a copy of your 20-year retirement letter and a DD214, NGB22 or equivalent.

I hereby authorize the U.S Department of Veterans Affairs (VA) to release information pertaining to my military service to the Maine Veterans Memorial Cemetery System. This includes my dates of service, branch of service and the character of the discharge that I received.

Signature of Veteran

Date

Revised 3//28/07